



OFFICIAL EMBLEM OF

THE MAYANS

All material, discourses, lectures, illustrations, lessons, scientific dissertations and letters of transmittal appearing under this Official Emblem are protected by copyright. They may not be quoted except by official and written permission of The Mayans. They are not for sale but are prepared for the private use of Members of our Order. The recipient of this manuscript agrees by acceptance to hold it Private as the property of The Mayans to be delivered up to the Order upon demand. All rights in the material appearing beneath this cover are reserved by The Mayans, including the privilege of translation into other languages.

VADE MECUM, VOLVENTIBUS ANNIS

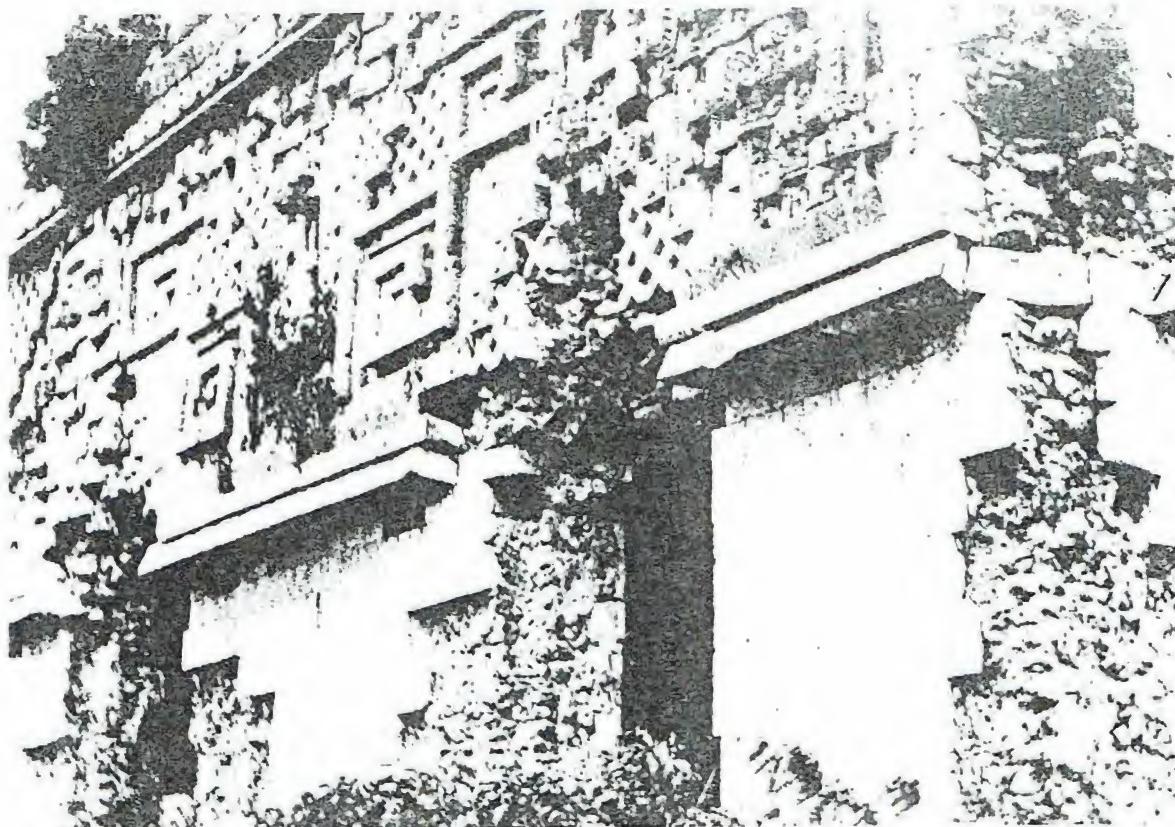
THE MAYANS
SAN ANTONIO,
TEXAS

Degree 8 - 9

Number 153

Copyright 1957 by The Mayans

**Casa del Gobernador
(House of the Governor)
Uxmal, Yucatan**



**YOU UNLIMITED
HUMAN RELATIONS**

Prayer

**The Extended Life
Friends
Adjustment
Me, Myself, People**

**Chip Carriers
The Other Fellow's Place
The Harmony of Life
Meditation**

B

Beloved Centurion:

Your lesson entitled HUMAN RELATIONS is one which embraces all of the things that your Instructor feels are vital in living the abundant life, which, of course, means happiness, good health, and accomplishment.

There are people who declare in a very proud manner that they are sufficient unto themselves; that they don't need friends. This is one of the greatest errors a person can make if he expects to achieve a rich life. There is no greater blessing in life than that of good friends. We need friends and they need us. Man was meant to have the companionship and help of others.

There is another subject which we take up in this lesson which I feel is one of the most important, if not the most important, in achieving the perfect life. I refer to the importance of learning to "put yourself in the other fellow's place." Once we have learned to do that, we will never feel anger or resentment against anyone. We will always stop and think of the reasons which may bring about the actions which might have been distasteful to us - perhaps the other fellow is ill or has some great problem or sadness locked up inside; and we will forgive him, rather than criticize him, and strive to help him rather than turn away in disgust. The person who learns this lesson, and it isn't an easy one to learn, will find his health improved, his relationships with others improved, and he will have friends; and, as a result, more success in business and home life, and he will even look better. We have many letters from those who have said that others have commented on the improvement in their appearance as a result of having learned this lesson.

In past lessons of this series, I have given you some wonderful letters from people who had been members in the Mayan Order for some little time and the words of their letters told of wonderful improvements in their lives. Now, in this lesson, I want to give you something a little different. I have a letter from a lady who was applying for membership, and wrote to us, telling us why. This letter tells of the marvelous harmony that can exist in one's life after learning the WAY. You will notice that this lesson in the series of YCU UNLIMITED dwells in part on the importance of harmony in our lives. The writer speaks of a family who had learned the importance of harmony and she says that this serenity in the lives of others is the reason she is joining:

"In my work (Credit Counselor, Insurance Agent) many people cross my path. I was upstate and met some people that belonged to your Order. There was such a serenity, peace of mind about them - they were so sure in everything they did - so confident that life held a full measure of happiness. I know full well those people's circumstances prior to joining your Order. If it can do that for them, it can also do it for me. With great humbleness I pray my petition will be granted for membership."

And from another member who has found harmony, there is this letter:

"My faith is strengthened; my every day duties seem much easier. I

seem to succeed in every little thing I undertake, in which I found previous difficulties and was tempted to give up trying. Since I became a Mayan, God seems to provide our every need. It is as though since I became fully aware of God in relationship to myself He, in turn, has become more aware of me. I am also a much happier person. My personality has changed to a very pleasant one and nothing, no matter how trying, can provoke me. Each day I arise, saying: 'This is the day the Lord has made; let us rejoice and be exceedingly happy in it.' And I can honestly say I am."

As you study this lesson, you will notice we have stressed the importance of human relations. Our attitude toward others is so important if we are to find complete happiness in life. Those who have difficulty in getting along with people will take new courage from this fine letter from one of our members who has also learned the importance of human relations:

"I have a greater love and understanding of Jesus, a deeper love, faith and trust in our Heavenly Father. Having found these truths, I have more faith in humanity, more love, more consideration and understanding of their problems. My work at home and the office grows less difficult each day due to the spirit in which I approach others. My health is better, because my attitude is different. Also, others show more respect toward me. They, too, seem to be aware of the change. Thank you for your enlightening words."

And here is another member who tells of wonderful accomplishments through better human relations; in fact, in great measure, to the lessons he has learned in the importance of human relations:

"I have a whole new outlook in my selling, have more energy, greater drive, higher purpose, strong desires for right doing, more warmth, more cheer, more friendliness. As a result, I have almost doubled my income and have established better relationships with my wife, son, my relatives, friends, and with all my business and social associates. People have commented on the change that has come over me. Above all, I have a strong desire to serve others in every way if I find them worthy."

Then here is a member who speaks of great improvement in family relationships, which is so important:

"I am really so thrilled and happy I can't begin to tell you all of the wonderful things that have happened to me. My entire outlook on life is different. Before knowing of you, everything went wrong with us, financially, our health, etc.,; but I have been on the upward trend ever since I found you. Money is coming in. At home, our health is average or better than average, and our family is happy, and not despondent, discouraged and argumentative as before I joined the Mayans. I feel so free and happy."

Yes, this is one of life's most important lessons. Friendliness and helpful relations with others, the ability to understand and be tolerant of the purposes

of others, the ability to be a good companion to those who need companionship, the willingness to give of your strength to those who are weak along life's highway - those are the things that count; and it is my sincere wish that you read this lesson, not only once but again and again until the principles herein are stamped indelibly into your consciousness to such a strong degree that you will automatically begin thinking in terms of the other fellow. When this happens in your life, you will be sending out vibrations to others who, in turn, will be able to pass these good vibrations to others, and it becomes a far-reaching force for good.

It is my prayer that these teachings will have a far-reaching effect on your life and the lives of those with whom you come in contact, in the true spirit of Mayanry. And now, let us have a moment of prayer before we begin the study of Human Relations:

PRAYER

Heavenly Father, I pause here to contemplate the world in which I must build my life for whatever it is to be. Help me realize unforgettingly how little of that world consists of things, and how much of it is made of human values and relationships. Amen.

THE EXTENDED LIFE

*L*IVING is mostly a matter of relationships. If it were possible for one to withdraw into solitude and never again see another human being, he might survive but his existence could hardly be called living, for living is so largely a matter of relationship.

That is true whether one ever has any goals, plans, or emotions, or not; but if he does have them it is very much more so. How you feel, what you can do, how successfully you can do it, and what satisfaction you derive from it, all depend largely on the presence, reaction, and cooperation of others. No man liveth unto himself.

St. Paul called himself a debtor both to the Jew and the Greek. In the more cosmopolitan world of today we are debtors to everyone. We owe something to every human being, past, present, and future. We owe it to them to be someone, and do something worthwhile for the world life and the ages. We owe a well-ordered life and a well-calculated service, but as Jesus said, even a cup of cold water will in no wise fail to win its reward.

In business they call this public relations, and every business has such an aspect. One doesn't just open his doors and keep his chair. He has a service to render, and he has to have patrons to whom to render it. The reaction of the public can make or break him at any time.

In its way the same is true with the business of living. The success of YOU UNLIMITED has to consist in improving selfhood and thus improving conditions for yourself and others. As you develop a better managed life, it affects an increasing number of people. In developing a constantly improving grade of living you need the good will and cooperation of as many people as possible. Your efforts are helpful to others and the benefit they receive in turn becomes helpful to you. Thus lines of influence go out from your personal enterprise in every direction. They may reach far up the centuries and out to the limits of the earth.

Since these relationships are so personal we will not call them public relations here, but human relations. This is something you must always keep in mind. Remember every day to how many people your life relates itself, and live it accordingly. With this spirit working back and forth in human affairs the world life would be blessed beyond measure. It was the day the sense of obligation and duty was born in the heart that man became a human being.

This puts the growing edge on your life. We get our growth physically, but as members of the human race we need never stop growing in soul, worth and in influence.

FRIENDS

*J*ESUS, the ideal man, often used the word "friends". He said such things as "I call you no longer servants, for the servant knoweth not what his Lord doeth; but I have called you friends"; "Ye are my friends if ye do whatever I have commanded you"; and "Greater love hath no man than this, that a man lay down his life for his friends."

Even the work of world redemption had a large element of friendship in it. Do not forget that on a smaller scale yours too is a work of world redemption, so the way in which the master built his life out through friends must be your plan also. As anything released in a little streamlet will ultimately reach the ocean, so anything you release into the little part of the world life that flows past your door will ultimately become a part of the destiny of mankind.

There are many definitions of friendship, and most of them are inadequate. A friend is one who shares your ideals, spirit, and purposes, and who is held to you by these bonds. You may see him often or seldom, but you always know there is a oneness between you that helps you both to be your best selves. This is real, true friendship. We may have many acquaintances in life, but not so many real, deep friendships.

There are lesser forms of friendship, but we are speaking of it now in its highest one. These lesser associations may also be a part of the total plan. There are people whose lives are an inspiration and help to you. There are others to whom your life is a needed inspiration. There are also those casual acquaintances whom you will never know very well, but from whom and to whom there may be some influence, direct or reflected. Then there are those you will never know, but who will still fling a beam to you or catch one from you now and then, or at least live in the world condition you have helped to make. So anything you can release into the stream that is good will ultimately reach some and probably many,

near and far, known and unknown. It all goes into your profits so be faithful to them all. Send out nothing that will hurt or hinder them and everything you can that will strengthen them and help them also to organize their own personal units of YOU UNLIMITED.

The story of the Garden of Eden has two human characters. They typify the human race. We know that because the names by which we know them mean Man and Mother. They are given a garden of innocence in which to dwell. But even there grows the tree of knowledge of evil as well as good.

They are told not to eat of the fruit. They disobey, and come to know how to do wrong as well as right. This automatically puts them outside the garden of innocence. They turn to re-enter, but the gate is closed and guarded. For one who leaves that garden there is no way back. But, as Milton says, the world was before them, so the human race began its long climb to the right use of knowledge.

Whatever failures you have made, whatever doors you have closed against yourself, whatever time you have lost, the world is still before you. Bonds reach between you and every other human being. Establish right relationships, and your victory is won.

ADJUSTMENT

*S*OME people's lives are like machines that have not been put together rightly. Instead of smooth, efficient action, there is nothing but friction and the destructive chatter of protesting parts. Unless corrected, this goes on until the entire mechanism is damaged, ruined, or even wrecked, after never having done what it was made to do.

In other words, some lives lack adjustment. They have not been organized well, and so their different elements cannot work smoothly together. However good within themselves, they are cut of adjustment. They are not rightly related.

A certain man had trouble with his lawn mower. The self-sharpening apparatus did not seem to function rightly, and the blades grew dull. He undertook to adjust them, but found that setting one screw threw the rest more out of adjustment than before.

Finally one day the whole mechanism started coming to pieces. Balls from the bearings became visible, then began falling out and scattering along the swath. Finally the whole blade unit came loose at one end, and the machine would function no more. He reconnected it, but it did not stay in place long.

First he thought he would have to buy a new lawn mower. On second thought - that wise second thought we have already mentioned - he decided to see what a good mechanic could do. He called a lawn mower repair man, who picked up the wreck and brought it back in a couple of days working even better than when it was new, and at a very moderate charge.

It was merely a matter of adjustment. All the makings of a good lawn mower were there. They merely needed to be rightly related to each other again. That

is, they needed reorganizing.

Something like that is what happens with some lives that are not yielding the satisfaction and effectiveness they might. Left alone they get worse and worse, while really intelligent reorganization could make them even better than when new. A good machine is an organization. So is an effective life. Find the friction and adjust it. If it is bad, make a complete overhaul job of it.

These maladjusted lives may appear as irredeemable as a wrecked lawn mower, and they are as long as nothing effective is done about them. But they are not ruined nor hopeless. They need the hand of someone who knows how to reorganize them. All the elements of good, satisfying, well-integrated living are in them. They only need adjusting so the parts will work together and make a smooth track up the years.

If there are friction and chatter in the workings of your life, look for the maladjustment and set it right. As a matter of fact, it may be the overhaul job you need. That is what we keep mentioning in these lessons under the corporate name of YOU UNLIMITED.

ME, MYSELF, PEOPLE

*T*HERE are two groups of people one may assume from the start do not include one single person who is a real success. We shall refer to one in the next section of this lesson. Of the other, we will speak here. We might call them The Ancient and Dishonorable Order of "Me, Myself, People". They are no good to anyone else, and for that reason they are no good to themselves.

They know many things, all of which center in themselves. They may have well informed minds, but they are not wise. They may have wide ranges of material information, but they have begun with the last lesson in the book and never got around to the first. They know many facts, but they have missed the most important one - the existence of other people and their presence in the world.

In one of Hugo's novels a poor, disfigured showman discovers that he is of noble birth. He takes his seat in the House of Lords, and amid the ridicule of the other members he begins his first speech by saying, "My Lords, I bring you news of the existence of mankind."

Have you discovered the existence of mankind? Have you come to realize that there are other people about you with hearts, and hopes, and cares, like you or anyone else? Have you considered the fact that wherever people are gathered together there is a vast well of needs, plans, fears, and possibilities for success or failure, for joy or sorrow, brimming up? Whenever you are among people can you feel the tides of life rise and swell, and ebb and flow? Can you sense the need, the hope, the aspiration, or the despair in it, and do you know that there have been those who could have changed that disappointment and despair into hope and gladness? Do you realize that maybe YOU could do it, or help to do it?

Have you contemplated that all these people moving around here and there are your brothers and sisters, that the Creator is as interested in them as he is in

you, and that your ultimate happiness and success depends partly on theirs? Have you pondered that you and they are here to share each others' burdens and add what is possible to each others' happiness? If you have, then you know what we mean by becoming conscious of mankind, of giving more than mere notice to your fellow pilgrims on the great journey to the destiny of mankind. As a Mayan in the high degrees you have learned that no one is sufficient unto himself, no matter how strong. We need others; others need us.

The day when one discovers his fellow-men and changes them from the classification of wax figures, mannikins, cardboard chromos, or tenuous shadows, is one of the great days of his life. It is the day when he gets his charter as a real human being, the day when brotherhood begins in his life, the day when his management of his life becomes really unlimited.

This is one of the vital lessons in the book of life, one of the special check points on the chart of progress. If you have missed it, go back and learn it. Study it deeply and ponder it well.

CHIP CARRIERS

*T*HE second group of people who never succeed and have no prospect of doing so might be called The Ancient and Miserable Order of Chip Carriers. They carry chips on their shoulders, daring all and sundry to knock them off or even make a move toward them. They put them on when they rise in the morning and take them off only when they retire at night.

It has been said of these people that the chips on their shoulders are evidence of the material of which their heads are made. Perhaps we should speak of them with pity, however, since there is nothing ahead for them but failure and trouble until and unless they stop carrying chips on their shoulders.

Some of these cases are chronic while others are temporarily produced by this or that passing cause. In either case the condition is curable, and in either case it spells ruin if it isn't cured.

When one starts a day with a chip on his shoulder there is a good chance that someone he meets will have an impulse to knock it off. If no one does, the carrier keeps building up his general antagonism toward everybody and everything because the pressure of the chip on his shoulder keeps reminding him that it is there.

Even if nothing ever happens he is in for trouble and failure because the mere HABIT of carrying it indicates that something is wrong with the build of his personality. It puts him in the line of defeat because it puts everyone against him. People are afraid to talk with him for fear they will rub the fur the wrong way. They are afraid even to do him a kindness for fear it will be misinterpreted. What is there to do with such a person but to keep away from him?

Did you ever know such a person to succeed in business, or to get on well with his family, his neighbors, or even himself? Even if he is fit when he begins

he soon has a half dozen things wrong. Even nature cannot continue to function normally in the presence of ill-temper, misjudgment, and malevolence.

Your instructor once had an experience with a boy who had started in childhood to carry a chip on his shoulder. His father had told him always to take his own part, to take nothing from anyone, and always to let people know they had to keep their distance. The consequence was that he was always in trouble. Constantly he had to be ordered from the playground at school for slugging, often striking boys younger and stronger than himself for no good reason. He had turned into an ordinary bully, sure never to get along successfully unless he changed his attitude. Teachers may be considerate, but later on the world will not be.

You will find that people who succeed best and best handle the problems of living do not show their claws on every provocation. The man with the makings of heroism in him is nearly always mild-mannered and soft-spoken. He asserts himself only for a cause that justifies it, and he is considerate even then.

Brush your shoulders several times a day to be sure there are no chips there. Even one could cost you everything you hope and work for. You can succeed only with the consent of the human race, and it does not admire chips on shoulders.

THE OTHER FELLOW'S PLACE

*W*e need always to be keenly conscious of the existence of other people because only so can we observe the golden rule and the great commandment. Some people still let themselves think that is beyond their power, but it isn't. We propose here and now to suggest a way by which you can not only do as you would be done by and love your neighbor as yourself, but see that it is the only satisfactory way. This method is simply to follow the habit of putting yourself in THE OTHER FELLOW'S PLACE.

We have already touched on this in the section where we were discussing the matter of taking the second look and the second thought. That is the way it is done. If someone acts or talks in a way you do not like, the natural thing is to think badly of him, and to answer him in kind. But second thought may remind you that he may not have had much of a chance, that conditions have hardened him, and that he has no conception of the finer ideals that determine your actions and attitudes.

Immediately your antagonism begins to yield to understanding sympathy. From the first attitude you could only become unfriendly. From the second you may help him and make his acquaintance of some value to yourself.

Perhaps you see a noisy, troublesome child. Everything within you disapproves as you set your lips against uncomplimentary names. But if you stop to think you may realize that the child knows no better, that his heredity is not very good, that he lacks training, and that even as he is, someone loves him. When you look at the parents you may see that they have it hard and could not

devote the needed attention to the child even if they knew how. Your heart fills with sympathy instead of resentment as you realize that in their places you would have done no better.

This plan, carried out in human contacts, relationships, and endeavors, would save our souls from the ravages of many unhealthy attitudes and the hurtful actions they motivate. It would make things easier and more encouraging for many people who are not doing very well. It would make your own life pleasanter, if there is now too much acid in your disposition.

Suppose you have a difference with someone about a transaction or a belief. Whatever your convictions are, do not lose your temper or hate him for differing with you. Instead of building up an attitude of distrust and dislike, put yourself in his place, and see if you do not realize how you would want to be treated. Treat him so. It will make for good will, and that is good for EVERYBODY and EVERYTHING.

This is a great and fundamental law of human relations. It will help in carrying on a business or a life. It is not difficult to do, and it can soon develop into a habit that will add much to your happiness and the quality of your living.

THE HARMONY OF LIFE

*H*THE universe operates as a vast harmony. A false note anywhere makes discord, and if anything were seriously disturbed the consequences might be serious. Nature operates as a part of that harmony, and our physical lives as a part of that.

But underneath and back of all this is a spiritual harmony which must also be kept in adjustment or unhappiness and loss result. A part of that harmony is good will in and among people. Hence a part of the success of YOU UNLIMITED is the number of people between whom and you harmony can be maintained. That is, HOW MANY PEOPLE CAN YOU LIKE AND SO LIVE THAT THEY WILL LIKE YOU?

The reason there is so much unhappiness is that this harmony of soul is so much and so often disturbed. A part of the deeper success of your life rests on the measure in which you can change that. You begin by liking people. Here are some of the things that need to be guarded against.

* Keep out prejudice like a noxious weed. Some people dislike and avoid others because they have some prejudice against them. Often they find it was entirely unfounded, and then friendship replaces it. In other tragic cases it is never discovered and everyone loses.

* Do not dislike anyone because you cannot agree on politics or something else. Do not extend good will on condition that people conform to your opinions. They can differ and still be fine folks. Think and let think.

* Do not deny anyone your good will because you do not like his looks.

He can't help how he looks, and part of the trouble may be that you look at him through jaundiced eyes. Some of the finest people living do not have the fortune to be handsome, and they might not be such fine people if they were.

* Reject no one because others speak ill of him. You may discover that they are mistaken, or that they speak of ways he no longer practices, or that they are less worthy than he. Many people have found needed friends in people others criticised when they did not find them among the critics.

* Do not spurn anyone because he is different. He has a right to be different. Perhaps he thinks that you are different. The reason for his difference may be that he is ahead of his time. The GENIUS, the PROPHET, or the SAVIOUR is always considered queer by the SMUG and SELF-SATISFIED.

Regardless of these or other things, remember it is a human being you are dealing with. Think of his humanity, and let the incidentals go. No matter what you think of one, treat him with respect and give him a chance.

Guard the harmony of things. It will help to make a better, happier world.

- 0 -

MEDITATION

My life is a note in the universal harmony. I seek in every way I can to make it ring true. To this end I seek right relations with all.

YOUR CLASS INSTRUCTOR.



The last, and one of the most important lessons in this series, is entitled ASSETS AND LIABILITIES. In it are covered the following subjects:

TAKE INVENTORY	UNNOTICED HANDICAPS
HANDICAPS	WHO IS IN CHARGE
A CASE HISTORY	CRUMBS
MORE CASE HISTORIES	MEDITATION